

# RACING TO RESPOND YOUTH MENTAL HEALTH NIGHT

Monday, May 20th



**Date:** Monday May 20th

**Time:** 5:30 p.m.

**Location:** Shelbyville Middle School, 1200 W Mckay Rd.

Join us at Shelbyville Middle School for an evening dedicated to raising awareness about youth mental health. This in-person event aims to provide a safe space for young individuals to discuss their mental well-being and learn about available resources. Come together with peers, educators, and mental health professionals over a free meal to start important conversations and break the stigma surrounding mental health. Let's support each other and drive change in our community. See you there!

